

HOPE₁₀₀

Walk for World Suicide
Prevention Day

10th September 2023



Warrington's 'HOPE100' walk brings the community together to mark World Suicide Prevention Day.

We believe that through open conversations, active listening, asking questions, supporting people to access help, and challenging stigma around mental health, we can make a difference in Warrington.

The walk provides an opportunity to connect with others, have a conversation, share experiences, support one another or just be silent and take time to reflect, knowing there is someone walking beside you.

**Registration
is open!**

This year includes 2 starting points for the walk:

Arrival at 2.45am - The Halliwell Jones Stadium,
Warrington, WA2 7NE (10 miles)

Arrival at 5.30am - Victoria Park, Knutsford Road,
Warrington, WA4 1DJ (1.5 miles - accessible route)



Please use this QR code or link below to register for the walk.

<https://register.enthuse.com/ps/event/Hope100Walk>

In partnership with

